1) ESTABLISHMENT OF GENETIC CLINIC AT ORCHIDS BREAST HEALTH CLINIC.

**Cancer Risk Reduction Clinic at OBHC** "Hereditary Breast and Ovarian Cancer Syndrome" (also known as HBOC) is most commonly caused by mutations in one of two breast cancer causing genes namely **Breast cancer susceptibility** genes: BRCA1 and BRCA2 (**Breast cancer type 2 susceptibility protein**). These mutations increase the risk for breast, ovarian, pancreatic, prostate, melanoma and possibly other cancers. A very important phenomenon called mutation (i.e., change in nucleotides in DNA) affects the genetic material within the cell. The mutations could either be spontaneous, induced by radiation/carcinogens or inherited in nature. Genetic testing involves identification of mutations in disease causing genes to determine their biological significance in normal physiology and disease etiology. Unlike most other medical tests, genetic tests can reveal information not only about the person being tested but also about that person’s relatives.

Orchids Breast Health Clinic-(OBHC) has recently established a “HBOC Risk Reduction Clinic”. This preventive oncology clinic is based on the principles of multi-modal risk assessment of HBOC using family history, radiological imaging and genetic screening for HBOC. On advice of treating onco-clinicians, the patients are referred to well-trained genetic counselors who evaluate the need and type of genetic testing applicable. Genetic reports from DNA collected from blood or saliva samples is then discussed with the patients and given appropriate advice for follow-up actions. The patient with high risk of HBOC is monitored through active surveillance that involves regular follow-up, timely radiological assessment and lifestyle changes for effective prevention and management.
2) **AWARD: DR. KOPPIKER**

Dr. Koppiker was awarded Health Icon’s of Pune award by Times of India on 7th Dec 2017 at Hyatt, Pune.

3) **TALKS BY DR. KOPPIKER : WAGHOLI & AUNDH – 16TH**

Dr. Koppiker spoke at a CME on the topic – Breast Surgery in the Era of Integrative Medicine at Integrated Cancer Treatment and Research Center, Wagholi, Pune and he also gave a lecture on New Paradigms in Management of Breast Cancer, Aundh for GPs in the month of December.
4) BLOOM ARTICLE

Bloom is an international magazine which publishes articles from round the globe to encourage people for their genuine work for cancer patients and everyone related to them. In the month of December an article on patients and care givers from Prashanti Cancer Care Mission was published in their recent edition. It gives you a glimpse of how the NGO (PCCM) works for the well being of their patients and care givers.
5) RATNAGIRI CAMP

Dr. Koppiker visited Ratnagiri on 2nd and 3rd Dec 2017 where Mukul Madhav Foundation have set up with Dr. Koppiker a breast screening clinic.

6) ZUMBATHON

On 3rd Dec 2017 Pune Zins hosted an event Dance for Charity / Zumbathon: Make Every Move Count, to create awareness of Zumba and its advantages on health of an individual. Pink Ribbon Club members from Prashanti Cancer Care Mission were invited for the event, they were felicitated and requested share their experience and journey surviving Breast Cancer.
7) CLINICAL BREAST EXAMINATION CAMP : PUNE

In the month of December the ongoing Clinical Breast Examination camps were organised at Annasaheb Magar College Hadapsar (05.12.17), Sofosh, Pimple Gurav (13.12.17) and Sasoon (26.12.17), St. Clare’s Convent School(16.12.17), Hirkani School, Khed, Ambegaon (18.12.17) in Pune. Around 430 women were screened last month.
8) TESTIMONIALS OF THE MONTH:

A) Sharda Maruti Chaure

I Mrs. Sharda Chaure resident of Ahmednagar, diagnosed with Breast Cancer. I would sincerely like to thank Dr. Koppiker and Laleh Maam for helping me get through my treatment. I received free chemotherapy at the Day Care at Orchids Breast Health Clinic. The staff is very supportive and caring, I would once again like to thank doctor and Laleh maam for supporting me financially for completing my treatment. God bless everyone.

B) Subhadra Pawar
I am Mrs. Subhadra Pawar, diagnosed with Breast Cancer, resident of Karnataka. I belong to a middle class family and being diagnosed with cancer causes more of a financial burden than anything else. We were taken back by the fear of how will I get through my treatment chemo, surgery, radiation and other medication cost was creating constant fear. Dr. Koppiker and Ms. Laleh Busheri helped me financially. I received free chemotherapy worth Rs.1,20,000/- I thank both of them for this help and continuous support throughout my treatment.

We would like to THANK our Donors & Supporters

Warm Regards,
Ms. Laleh Busheri
CEO
Prashanti Cancer Care mission