1. Dr. C.B. Koppiker was invited for an interview on Channel TV 9 Marathi

The interview was aired live on TV 9 Marathi Channel on December 10, 2019. Dr. Koppiker very effectively pointed out the breast cancer situation in India and the availability of different and successful diagnostic and treatment approaches in India.

Watch the interview on the link given below:
https://youtu.be/oWJKl7udHFI
2. Prashanti Cancer Care Mission - Clinical Collaborator of Centre for Complimentary Health (CCIH), Savitribai Phule Pune University for research on AYUSH Interventions in Cancer

CCIH has been declared as a Centre of Excellence for AYUSH Research by Ministry of AYUSH, Government of India. The centre organized an International conference “AYUSH for Future Health Challenges” on November 28-30, 2019 at NCCS Auditorium, Pune.

As an eminent speaker and panelist in this session, Dr. Koppiker shared his views on importance of Ayurveda and mind-body harmony in Cancer treatment. He also discussed various initiatives of PCCM in AYUSH domain such as YOGA therapy, diet and nutritional counseling and use of alternative medicine options for cancer patients. Dr. Santosh Dixit, Senior Scientist at PCCM moderated a session titled “AYUSH in Cancer Management” at this conference.
Will Cancer be the no.1 Killer in India by 2020?

- North Eastern States: Lung, Breast, Prostate, Skin, Stomach.
- Western States: Lung, Liver, Breast, Prostate, Skin.
- Eastern States: Lung, Liver, Breast, Prostate, Skin.
- Northeastern States: Lung, Liver, Breast, Prostate, Skin.
- Western Uttarakhand: Lung, Liver, Breast, Prostate, Skin.
- Madhya Pradesh: Lung, Liver, Breast, Prostate, Skin.
- Punjab, Haryana: Lung, Breast, Prostate, Skin.
- UP Bihar: Liver, Lung, Breast, Prostate, Skin.
- Southern Coastal States: Lung, Liver, Breast, Prostate, Skin.

- The total Cancer cases are projected to reach about 1,148,757 cases in the year 2020.
- The most common sites of cancer among men are lung, prostate, colon, rectum, stomach and liver.
- The most common sites of cancer among women are breast, colon, rectum, cervix and skin.

INTERNATIONAL CONFERENCE
AYUSH FOR FUTURE HEALTH CHALLENGE
STRENGTHENING TRANS-DISCIPLINARY RESEARCH
28th - 30th November 2019
3. Article by Dr. C. B. Koppiker featured in Lokmat

Prashanti Cancer Care Mission and Tata Consultancy Services (TCS) have jointly launched a medically-supervised clinical research study titled Estrogen and Microbiome in Breast Cancer Epidemiology and Risk (EMBER) in December 2019. This study aims at investigating links between gut microbiome, estrogen metabolism and risk of breast cancer. This research project may generate findings crucial for understanding risks of Breast Cancer and designing tests for early detection.
5. **Dr. Santosh Dixit, Senior Scientist represented PCCM as faculty at the 5th Indian Cancer Genetics Conference and Workshop**

The conference was held in Mumbai and Dr Dixit was invited for the panel discussion with other experts including Rajiv Sarin, T. Rajkumar, Anu Iris and Mansi Munshi. The discussion addressed the need of genetic testing and the appropriate test associated with the condition along with the recent NCCN guidelines.

6. **Dr. Santosh Dixit invited as a speaker at the “Prabodh” workshop in Gandhinagar**

Dr. Dixit was invited to speak on ‘Breast Cancer Genetics’ at the cancer research training workshop “Prabodh” organized by Gujrat Biotechnology Research Centre (GBRC) in Gandhinagar on December 21, 2019. During this visit, Dr. Dixit imparted training to GBRC scientists to establish a cancer genetics clinic along with genetic counseling protocols.
7. Mrs. Taruna Sethi distributed handmade quilts for the use of patients undergoing Chemotherapy at the Day Care.
8. Some of the Awareness Talks held in December 2019

1 - Cybage Towers, Kalyaninagar, Pune on December 13, 2019

CEO, Laleh Busheri educated the staff of Cybage software on Breast Cancer scenario in India and abroad, stages, symptoms, risk factors and prevention of breast cancer and the importance of Self-breast examination. She also spoke on the gold standard of treatment, including Oncoplastic surgery.
Dr Mallika Shirwant, Manager at Prashanti Cancer Care addressed the staff and students of Poona college on the occasion of the Inauguration Ceremony of Women’s Forum.
Clinical Breast Examination camps for the month of December 2019:

322 women were screened through the following camps

i. Jay Prakash Nagar, Yerwada, Pune, December 14, 2019
ii. Laxmi Nagar, Yerawda, Pune on December 16, 2019

iii. Khelghar, Dahanukar Colony, Kothrud Pune on December 18, 2019
iv. Bavdhan, Wai, Satara on December 21, 2019

v. Dattawadi, Sinhagad Road, Pune on December 22, 2019
Freeships for Diagnostics, Surgery, Chemotherapy, Onco-Pharmacy, Clinical Procedures and Consultations at Orchids Breast Health in the Month of December 2019

❖ 43 PATIENTS RECEIVED MAJOR CONCESSIONS AND FREESHIP ON BREAST SURGERY

❖ 44 PATIENTS RECEIVED FREE CHEMOTHERAPY AND 78 RECEIVED MAJOR CONCESSIONS AT OUR DAY CARE CENTRE FOR CHEMOTHERAPY

❖ 260 PATIENTS RECEIVED FREE & CONCESSIONAL MEDICINES FROM OUR ONCO-PHARMACY
❖ 132 PATIENTS RECEIVED FREE AND CONCESSIONAL MAMMOGRAPHY

❖ 229 PATIENTS RECEIVED FREE AND CONCESSIONAL SONOGRAPHY

❖ 29 PATIENTS RECEIVED FREE AND CONCESSIONAL BIOPSY & VAB PROCEDURES (FOR REMOVAL OF FIBROIDS ETC.)
Testimonials of few patients who were adopted for Freeship in December 2019

1) Mrs. Savita Sanas

My name is Savita Sanas. I am thankful to Dr Koppiker and the whole staff of Orchids clinic for being so supportive and caring. I have been coming here for my treatment since I was diagnosed with Breast Cancer. Dr. Koppiker and Laleh Ma’am supported me financially but the staff supported me morally to fight against such a life threatening disease.

2) Mrs. Mangal Gandhi

I am a cancer survivor and have been visiting Dr Koppiker since 2019. I am very satisfied with the way treatment is being given to all patients with hope and kindness. Laleh ma’am and Dr Koppiker helped me financially by giving free chemotherapy. I had lost hope when I was diagnosed with breast cancer, but Prashanti gave me a ray of hope.
3) Ms. Rita Bhanwe

I am diagnosed with breast cancer. It was shocking for me and my family. I was very disturbed and was even scared to take treatment. But after meeting Dr Koppiker, I have become much ready for treatment with his help.
I personally want to thank Dr Koppiker and Laleh maám , they are both great people; they make time for people inspite of their busy schedule.

We would like to THANK our Donors & Supporters

Warm Regards,
Ms. Laleh Busheri
CEO
Prashanti Cancer Care mission
Visit us at: www.prashanticancercare.org / www.orchidsbreasthealth.com
https://www.facebook.com/orchidsbreasthealth