

**Prashanti Cancer Care Mission**  
Reaching out with excellence

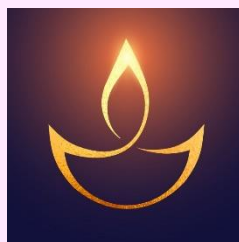


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***NEWSLETTER***  
***December***  
***2020***

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Wishing you all a very Happy Diwali and a Prosperous  
New Year!!!



## **1. PCCM appeals for support and donations to help save breast cancer patients**

We are ever grateful for your generosity and donations over the years that have helped save the lives of over 1000 young girls & women annually.

Many of them are alive with their families & loved one because of your generosity and big heart. Last year, because of your contributions we have been able to successfully treat over 3000 unaffording women with breast cancer through full freeships and major concessions in surgery, chemotherapy , radiation, free biopsies, diagnostics and much more, enabling them through the bewildering maze of challenges the disease brings through its wake & hand holding them to lead a normal life after cancer.

This year the unprecedented COVID-19 pandemic has presented challenges to the cancer patients and their families. Prashanti Cancer Care Mission has made every effort that no unaffording patient seeking our help is turned away.

This pandemic period has posed a huge challenge to needy patients, their care givers and Prashanti. We are striving to be able to take care of each and every woman coming for freeships and treatments.

We are now appealing to you for your support and generous donations, to help these young women battling with breast cancer to be able to get free treatment from us, so that no patient is turned away without help.

Every small amount from you would help save the lives of these women and allow them to live a healthy life with their loved ones.

Following are the details through which you can donate to Prashnati  
You may donate via either of the two options:

### **1. Bank Transfer to the account given below**

Name of Account Holder	Prashanti Cancer Care Mission
Bank Account Number	50100088296788
Name of the Bank	HDFC BANK
IFSC Code	HDFC0000223
MICR Code	411240006
Branch Code	0223

or

**2. Send us a cheque in favour of “Prashanti Cancer Care Mission”**

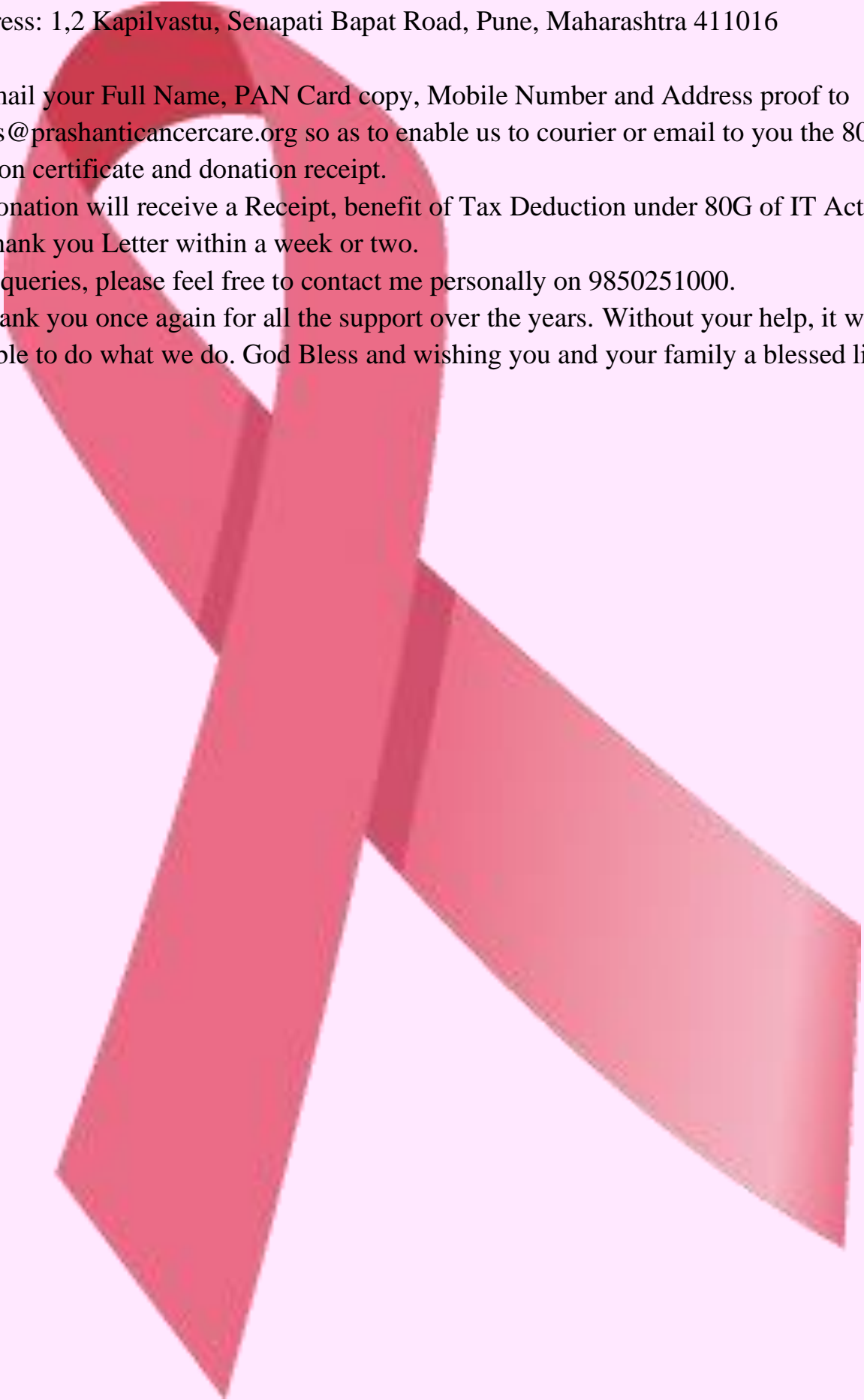
**Address: 1,2 Kapilvastu, Senapati Bapat Road, Pune, Maharashtra 411016**

Please mail your Full Name, PAN Card copy, Mobile Number and Address proof to [accounts@prashanticancercare.org](mailto:accounts@prashanticancercare.org) so as to enable us to courier or email to you the 80G tax exemption certificate and donation receipt.

Every donation will receive a Receipt, benefit of Tax Deduction under 80G of IT Act 1961 and a Thank you Letter within a week or two.

For any queries, please feel free to contact me personally on 9850251000.

A big thank you once again for all the support over the years. Without your help, it would be impossible to do what we do. God Bless and wishing you and your family a blessed life.





### 3. Webinar in the month of November 2020

#### i. Dr. C.B. Koppiker at a webinar on “Basics of Breast Surgery”, on November 26, 2020

Dr. C.B. Koppiker, faculty member hosted a webinar about breast surgery. Prof. Chintamani, Dr. Selvi Radhakrishnan, Dr. Nita Nair were the speakers. They addressed the topics of Mastectomy, Axillary clearance, BCS with Sentinel Node Sampling followed by a discussion session. The moderator of the panel discussion was Dr. Koppiker. This webinar witnessed participation of more than 100 national and international individuals. Surgeons from Bangladesh and other countries were also a part of the webinar.

BREAST ONCOPLASTY TRAINING PROGRAM  
**BASICS OF BREAST SURGERY**  
Video lecture series

An Initiative by  
 Prashanti Cancer Care Mission  
Reaching out with excellence

**26th Nov  
Thursday  
6 to 8 p.m**

**Registration  
Required**

**ABOUT THE SERIES**  
Surgical training sessions on various techniques of breast oncoplasty delivered by global experts

<b>6 to 6:30 p.m</b> <b>Prof. Chintamani</b> HoD, Breast Surgery Vardhaman Mahavir Medical College and Safdarjung Hospital, New Delhi <b>Mastectomy-Tips and Tricks</b>	<b>6.30-7 pm</b> <b>Dr Selvi Radhakrishnan</b> Director , Chennai Breast Clinic, Chennai <b>Axillary Clearance</b>	<b>7-7.30 pm</b> <b>Dr Nita Nair</b> Professor, Breast Surgery, Tata Memorial Hospital, Mumbai <b>BCS with Sentinel Node Sampling</b>
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**Panel Discussion Moderator  
Dr. CB Koppiker**

#### 4. Dr. Santosh Dixit, Senior Scientist at PCCM was invited by Marathi Vidnyan Parishad to deliver a talk in Marathi titled 'GenomeIndia: Cataloging the Genetic Variations in Indians'

Marathi Vidnyan Parishad, a platform that invites experts from different fields to deliver talks on various topics had Dr. Santosh Dixit from PCCM as a speaker on November 25, 2020. Dr. Santosh Dixit introduced and explained the Genome India project in Marathi using simple and effective analogies. His talk covered the basic concepts of genetics, aim of the project as well as the need and utility of this initiative. He also encouraged people to volunteer for this community-based project. The session ended with a question and answer session.

## 5. EMBER research project calls for healthy women volunteers

The research study aims to investigate the association between gut microbiome, estrogen hormone metabolism and risk of breast cancer.

Healthy post-menopausal women volunteers are required for this project. The study can generate crucial findings for understanding risks for breast cancer and will also be helpful in designing diagnostic tests.

Contact Dr. Nutan Gangurde/ Dr. Santosh Dixit for further details: 020- 2565 0269



### PROJECT EMBER

## Call for Healthy Women as Volunteers for Research Project

Prashanti Cancer Care Mission, Pune is conducting a medically - supervised clinical research study

**Titled: Estrogen and Microbiome in Breast Cancer Epidemiology and Risk [EMBER].**

This study aims at investigating links between gut microbiome, estrogen metabolism and risk of breast cancer.

In this study, we plan to compare data of Breast Cancer patients with that of healthy volunteers. We invite the participation of healthy women volunteers for this purpose. This research project may generate findings crucial for understanding risks of Breast Cancer and designing tests for early detection.

**Your participation can make the difference!**

**You are eligible for this study if:**

- You are a woman in age group 25-60 years
- You have no major health conditions
- You have not taken any antibiotics for past one week
- You are ready to provide written consent

**From eligible study volunteers, we will:**

- Arrange counseling sessions
- Collect health-related data
- Collect stool samples\*
- Collect 10 ml blood samples<sup>‡</sup>
- Collect saliva samples\*

\*Kits will be provided for home-based collections

<sup>‡</sup>By trained paramedical professionals

**Please note:**

- Your information will be kept confidential and will be used only for research purpose.
- There is no apparent harm in this study. Being an observational study, we are NOT going to give you any medicine.
- The study needs your one hour as a one-time session.
- There is no cost involved for participants for any study related activities. No monetary compensation will be provided for being a study volunteer. However, we will share the results of your investigations.

**For further details, please contact :**

**Dr. Santosh Dixit/ Dr. Nutan Gangurde - 020-2565 0269/ 020-2565-6110**

E-mail ID- [researchadmin@prashanticancercare.org](mailto:researchadmin@prashanticancercare.org)

*This clinical research study has been approved by the **Independent Ethics Committee** of Prashanti Cancer Care Mission and is funded by Tata Consultancy Services.*

**Freeships for Diagnostics, Surgery, Chemotherapy, Onco-Pharmacy, Clinical Procedures and Consultations at Orchids Breast Health in November 2020**

**❖ 11 PATIENTS RECEIVED FREESHIP AND MAJOR CONCESSIONS ON BREAST SURGERY**



**❖ 35 PATIENTS RECEIVED FREE CHEMOTHERPAY AND 86 PATIENTS RECEIVED MAJOR CONCESSIONS AT OUR DAY CARE CENTRE FOR CHEMOTHERAPY**



❖ **213 PATIENTS RECEIVED FREE & CONCESSIONAL MEDICINES FROM OUR ONCO-PHARMACY**



❖ **61 PATIENTS RECEIVED FREE AND CONCESSIONAL MAMMOGRAPHY**





❖ **108 PATIENTS RECEIVED FREE AND CONCESSIONAL SONOGRAPHY**



❖ **20 PATIENTS RECEIVED FREE AND CONCESSIONAL BIOPSY & VAB PROCEDURES (FOR REMOVAL OF FIBROIDS ETC).**

## **Testimonials of a few patients who were adopted for Freeship in November 2020**

### **1. Mrs. Varsha Konghe**

My name is Varsha Konghe. I was diagnosed with breast cancer in 2019. My entire family is thankful to Dr. Koppiker and his team for being with us throughout this difficult journey. Free medication was arranged for me by Dr. Koppiker and Laleh ma'am and it was a huge relief for us.

### **2. Nandita Kale**

My name is Nandita Kale. I was very depressed when I was diagnosed with breast cancer. Dr. Koppiker helped me understand the importance of taking the right treatment for the type of cancer I was diagnosed with. Laleh ma'am and her team were strongest support in addition to the financial help they provided. The staff is friendly and co-operative.

### **3. Jai Chinchane**

I am Jai Chinchane. I had an overall satisfactory experience at Orchids Breast Health during my treatment. The staff is co-operative, supportive and friendly. The feeling is like being at home which helps comfort the patients.

We would like to **THANK** our  
Donors & Supporters

Prashanti Cancer Care Mission  
Reaching out with excellence



Warm Regards,  
Ms. Laleh Busheri  
CEO

Prashanti Cancer Care mission

Visit us at : [www.prashanticancercare.org](http://www.prashanticancercare.org) / [www.orchidsbreasthealth.com](http://www.orchidsbreasthealth.com)  
<https://www.facebook.com/orchidsbreasthealth>